

Assessment and Brief Treatment of Suicidal Clients

1/28/22

Heisel and Associates Studio

Cincinnati, Ohio

15 Respondents

On a scale of 1 to 5, with 5 being strongly agree and 1 being strongly disagree, how would you rate the following:

Workshop Objectives:	Average Score:
a. Participants will be able to list the 24 core competencies for working with suicidal clients that are seen as essential by the Suicide Prevention Resource Center.	4.4
b. Participants will be able to name 12 risk factors, 5 activating events, and 9 protective factors relevant to suicidality.	4.4
c. Participants will be able to use Bryan and Rudd's indicators of imminent risk for suicide to know when hospitalization is recommended.	4.5
d. Participants will be able to describe how to use effective interventions from Jobes's Collaborative Assessment and Management of Suicidality, Rudd's Brief CBT, Linehan's Dialectical Behavior Therapy (DBT) with suicidal clients.	4.4
e. Participants will be able to describe assessment and treatment Modifications useful in interacting with clients of different ages.	4.4
f. Participants will be able to name essentials to document when working with suicidal clients.	4.5
2. Overall this workshop was a positive experience	4.5
3. Teaching methods were effective:	4.5
4. Visual aids, handouts and oral presentations clarified content:	4.6
5. How useful was the content of the CE program for your practice or other professional development?	4.5
6. How much did you learn as a result of this CE program?	4.5
The Presenter:	
7. Knew the subject matter:	4.7
8. Taught the subject competently:	4.8
9. Elaborated upon the stated objectives:	4.8
10. Presented content in an organized manner:	4.7
11. Maintained my interest:	4.5
12. Answered questions effectively:	4.5
13. Was responsive to questions, comments and opinions:	4.5
The Presentation:	
a. Was relevant to my practice:	14 – yes; 1 – no
b. Was appropriate to my education, experience, or licensure level	15 – yes; 0 - no
c. Was based on current up-to-date information:	15 – yes; 0 - no
d. Made use of technology – projector, power point software, etc:	15 – yes; 0 - no
e. Made use of appropriate handouts:	15 – yes; 0 - no
f. Made use of evidenced based materials or research:	15 – yes; 0 - no

Venue, Setting, etc.

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|---|------------|
| 15. Facility was adequate for my needs: | 4.7 |
| 16. Facility was comfortable and accessible: | 4.7 |
| 17. Food and beverages were adequate: | 4.8 |

Ethics and Risk Management

4/22/22

Heisel and Associates Studio

Cincinnati, Ohio

15 Respondents

On a scale of 1 to 5, with 5 being strongly agree and 1 being strongly disagree, how would you rate the following:

Workshop Objectives:	Average Score:
a. Participants will be able to state a wide range of clinical situations that have ethical or risk management implications.	4.8
b. Participants will be able to list social and situation factors that can impair ethical decision making.	4.9
c. Participants will be able to describe how to use a wide variety of resources when making ethical decisions, such as their professional ethics code, consultants, attorneys, or Empirically Supported Treatments.	4.7
d. Participants will be able to describe the board complaint process and know what to do if facing a board complaint.	4.7
2. Overall this workshop was a positive experience	4.7
3. Teaching methods were effective:	4.7
4. Visual aids, handouts and oral presentations clarified content:	4.8
5. How useful was the content of the CE program for your practice or other professional development?	4.6
6. How much did you learn as a result of this CE program?	4.5
The Presenter:	
7. Knew the subject matter:	4.9
8. Taught the subject competently:	4.9
9. Elaborated upon the stated objectives:	4.9
10. Presented content in an organized manner:	4.9
11. Maintained my interest:	4.7
12. Answered questions effectively:	4.5
13. Was responsive to questions, comments and opinions:	4.5
The Presentation:	
a. Was relevant to my practice:	14 – yes; 1 – no
b. Was appropriate to my education, experience, or licensure level	15 – yes; 0 - no
c. Was based on current up-to-date information:	15 – yes; 0 - no
d. Made use of technology – projector, power point software, etc:	13 – yes; 0 - no
e. Made use of appropriate handouts:	14 – yes; 0 - no
f. Made use of evidenced based materials or research:	14 – yes; 0 - no
Venue, Setting, etc.	
15. Facility was adequate for my needs:	4.9
16. Facility was comfortable and accessible:	4.9
17. Food and beverages were adequate:	4.7

Effective Interventions for Adults With Depression

6/17/22

Heisel and Associates Studio

Cincinnati, Ohio

11 Respondents

On a scale of 1 to 5, with 5 being strongly agree and 1 being strongly disagree, how would you rate the following:

Workshop Objectives:	Average Score:
a. Participants will be able to describe developmental challenges that young and middle-aged adults often face in their lives.	4.9
b. Participants will be able to list sixteen risk factors for depression in adults.	4.5
c. Participants will be able to name the DSM-5 criteria for Major Depression and Persistent Depressive Disorder.	4.5
d. Participants will be able to describe factors specific to the assessment of ethnic and sexual minorities.	4.6
e. Participants will be able to describe how to use seven best practice treatments for adult depression, including both individual and couples' interventions.	4.7
f. Participants will be able to describe indications for the most utilized anti-depressant medications.	4.8
2. Overall this workshop was a positive experience	4.7
3. Teaching methods were effective:	4.7
4. Visual aids, handouts and oral presentations clarified content:	4.7
5. How useful was the content of the CE program for your practice or other professional development?	4.5
6. How much did you learn as a result of this CE program?	4.4
The Presenter:	
7. Knew the subject matter:	4.8
8. Taught the subject competently:	4.8
9. Elaborated upon the stated objectives:	4.5
10. Presented content in an organized manner:	4.6
11. Maintained my interest:	4.4
12. Answered questions effectively:	4.5
13. Was responsive to questions, comments and opinions:	4.5
The Presentation:	
a. Was relevant to my practice:	11 – yes; 0 – no
b. Was appropriate to my education, experience, or licensure level	11 – yes; 0 - no
c. Was based on current up-to-date information:	11 – yes; 0 - no
d. Made use of technology – projector, power point software, etc:	11 – yes; 0 - no
e. Made use of appropriate handouts:	11 – yes; 0 - no
f. Made use of evidenced based materials or research:	10 – yes; 1 - no

Venue, Setting, etc.

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|---|------------|
| 15. Facility was adequate for my needs: | 4.8 |
| 16. Facility was comfortable and accessible: | 4.9 |
| 17. Food and beverages were adequate: | 4.8 |

Anxiety Disorders: Best Practice Treatments for Adults

9/23/22

Heisel and Associates Studio

Cincinnati, Ohio

18 Respondents

On a scale of 1 to 5, with 5 being strongly agree and 1 being strongly disagree, how would you rate the following:

Workshop Objectives:	Average Score:
a. Participants will be able to name the developmental challenges that young and middle-aged adults often face in their lives.	4.9
b. Participants will be able to list 18 risk factors for anxiety in adults.	4.7
c. Participants will be able to name the DSM-5-TR criteria for anxiety disorders in adults.	4.9
d. Participants will be able to name the cognitive, physical and behavioral elements of anxiety.	4.9
e. Participants will be able to describe how to use CBT skills for teaching mindfulness, problem-solving, and cognitive restructuring.	4.7
f. Participants will be able to name the assessment and treatment techniques used in Acceptance Based Behavioral Therapy.	4.6
g. Participants will be able to describe the benefits and costs of the use of anti-depressants, benzodiazepines, and anti-hypertensives in the treatment of anxiety.	4.8
2. Overall this workshop was a positive experience	4.9
3. Teaching methods were effective:	4.9
4. Visual aids, handouts and oral presentations clarified content:	4.8
5. How useful was the content of the CE program for your practice or other professional development?	4.8
6. How much did you learn as a result of this CE program?	4.8
The Presenter:	
7. Knew the subject matter:	4.9
8. Taught the subject competently:	4.9
9. Elaborated upon the stated objectives:	4.9
10. Presented content in an organized manner:	4.9
11. Maintained my interest:	4.9
12. Answered questions effectively:	4.9
13. Was responsive to questions, comments and opinions:	4.9
The Presentation:	
a. Was relevant to my practice:	16 – yes; 0 – no
b. Was appropriate to my education, experience, or licensure level	18 – yes; 0 - no
c. Was based on current up-to-date information:	18 – yes; 0 - no
d. Made use of technology – projector, power point software, etc:	18 – yes; 0 - no
e. Made use of appropriate handouts:	18 – yes; 0 - no
f. Made use of evidenced based materials or research:	18 – yes; 0 - no

Venue, Setting, etc.

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|---|------------|
| 15. Facility was adequate for my needs: | 4.9 |
| 16. Facility was comfortable and accessible: | 4.8 |
| 17. Food and beverages were adequate: | 4.8 |