

Stacy Simera, MSSA, LISW-S, SAP
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Licensure & Certifications

Independent Social Worker, Supervision Designation, Ohio: 2008 (#I0008796-SUPV)
Independent Social Work: 2000 (#I.008796); Social Worker: 1994 (#S.0019974)
Substance Abuse Professional Certification, Federal Department of Transportation: 2005
Basic Mediation Certification: 2004

Education

Master of Science in Social Administration, 1996 - *Case Western Reserve University*
BA - Psychology major, Sociology minor, 1991 - *Kent State University*

Honors

Social Worker of the Year, Region Two and Statewide – *Ohio NASW*, 2014
Letter of Honor for Tremendous Attainment – *Ohio Senate*, 2014

Community Advocacy Volunteer Positions

Ohio Adolescent Health Partnership

- Chair, Adolescent Sleep Committee 07/13 – present
- Chair, Social Media Committee 07/14 – present

Start School Later, Inc

- Chair, NE Ohio Chapter 09/12 – present
- Health Policy Director, Ohio Chapter 07/13 – present
- Communications Director, National Executive Board 01/14 – present

Ohio NASW Board of Directors

- Region 2 Director 06/16 – present

Case Western Reserve University, Mandel School, Alumni Committee

- Member, Executive Board 10/14 – present

Employment

Kent Psychological Associates, LLC – Kent, Ohio 01/09 – present

- Psychotherapist

Institute for Human Services/Ohio Child Welfare Training Program 08/08 – present

- Contracted Trainer

The Oak Clinic for Multiple Sclerosis – Canton, Ohio 09/06 – present

- Independently Contracted Group Facilitator

Stark State College – Canton, Ohio 08/07 – 12/16

- Adjunct Instructor – Human Services Department

Summit Psychological Associates, Inc. – Akron, Ohio 09/04 – 12/08

- Psychotherapist, CARF Liaison

Portage Path Behavioral Health, Emergency Services – Akron, Ohio 05/04 – 09/07

- Clinician/Pre-Screener

Akron General Medical Center, Clinical Social Work Department – Akron, Ohio 03/97 – 04/04

- Social Worker – Emergency Department, Cardiac Units, Obstetrics

Townhall II, Emergency Services – Kent, Ohio 03/89 – 04/97

- Crisis Intervention Specialist, Trainer, Family Crisis Mediator

Oriana House – Akron, Ohio 02/92 – 05/96

- DUI Specialist (1994 – 1996), Resident Supervisor (1992 – 1994)

Internships

Townhall II, Counseling Department – Kent, Ohio 09/95 – 05/96

Barberton Citizen's Hospital, Social Work Department – Barberton, Ohio 09/94 – 05/95

Overview of Experience

Outpatient Psychotherapy – Currently provides diagnostic assessments and outpatient psychotherapy to children, adolescents and adults for a variety of mental health disorders – utilizing primarily Cognitive Behavioral Therapy, Reality Therapy, and Solution Focused Brief Therapy. Trained and certified in basic mediation, with volunteer experience providing emergency family crisis mediation as part of a pilot program for court-diversion services.

Chemical Dependency – Certified as a Substance Abuse Professional (SAP) for *US Department of Transportation* substance abuse evaluations and treatment monitoring. Experience providing assessment, recommendations, and individual and group chemical dependency counseling for adults and adolescents in various outpatient settings. Qualified in the utilization of assessment tools including the AUP and SASSI.

Higher Education – Currently teach college-level social work courses on topics including human development, substance abuse, poverty and social work methods. Prior provision of field supervision and practicum liaison services to social work students for *Case Western Reserve University, University of Akron, and Stark State*.

Professional Education – Independently contracts to provide continuing education workshops to professionals across the state of Ohio for a variety of agencies and institutions on topics including ethics, supervision, substance abuse and mental health disorders. Presented at national and state psychiatry, social work, public health, and juvenile justice conferences.

Community Advocacy – Active in advocating for healthy school start times and currently serves in various capacities for the national non-profit Start School Later. Serves as chair of the sleep committee for the *Ohio Adolescent Health Partnership*. Served on the Leadership Committee for the *Ohio NASW Social Work Advocacy Group*. Named 2014 regional and state ‘Social Worker of the Year’ by the *Ohio NASW* due to advocacy work.

Community Education – Currently facilitate psycho-educational services at a Multiple Sclerosis clinic including an ongoing depression group as well as periodic specialized forums. Past primary educator for a driver intervention program on drug-use related topics. Frequently educate parent groups and school boards on child and adolescent sleep. Taught a pilot program on positive psychology for the *National MS Society*.

Social Media – Created and manage the *Twitter* and *FaceBook* accounts of the *Ohio Adolescent Health Partnership* and the Ohio Chapter of *Start School Later*. Created and maintain the website for the *Ohio Adolescent Health Partnership*. Guest-hosted a ‘TwitterChat’ on sleep and mental health for *MHSMChat* (‘Mental Health and Social Media’).

Management and Supervision – Coordinator of a continuing education program for a private counseling agency with duties including: recruitment of trainers, maintenance of accreditation, and supervision of program staff. Experience on quality assurance and performance improvement committees and successfully organized *CARF*-accreditation preparation for a three-site agency. Coordinated a driver intervention program with duties including: program development, staff supervision, quality assurance, and maintaining statistics. Supervised volunteers at a crisis intervention program.

Emergency Mental Health – Experience providing mental health assessments and acute treatment in a hospital emergency department and a psychiatric emergency services center, with duties including: diagnosis, acute intervention, disposition, and private insurance pre-certification.

Crisis Intervention – Experience providing crisis intervention in a hospital emergency department for sexual assault, domestic violence, elder abuse, victims of crime, sudden death, and catastrophic injury and illness. Paid and volunteer experience in hotline and walk-in crisis intervention at a nationally recognized crisis hotline.

Medical Social Work – Experience providing social work services on hospital cardiac and obstetrics units with duties including: assessments, collaboration with the multi-disciplinary team, counseling, and community referrals.

Community Corrections – Experience supervising inmates in residential community correctional facilities. Assisted in the initial development of policies and procedures for an adolescent halfway house.