

Bernard K. Showers, III
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Education

Master of Social Work

Shippensburg University, Shippensburg, Pennsylvania

- Completed 500 internship hours with Catholic Charities as a Family Based Mental Health Worker

Bachelor of Social Work

St. Francis University, Loretto, Pennsylvania

- Completed 400 internship hours with Cambria County Juvenile Detention Center

Experience

SHIPPENSBURG UNIVERSITY

August, 2016- current
part-time

Adjunct Professor

- Part-time professor with Shippensburg University's Masters of Social Work Program teaching one course in Advanced Family and Group Therapy.

DEPARTMENT OF VETERANS AFFAIRS

HUD/VASH SUD Specialist & Team Leader

September 2014 - Current

Grade & Series: GS-12 Step 5

- Provide supportive case management with an emphasis on ensuring continuity of care and coordination of services for Veterans in the HUD/VASH program.
- Provide individual and group psychotherapy to participants in the HUD/VASH program seeking assistance for Substance Use Disorders.
- Serve as team leader for high-acuity case management team.
- Serve as field instructor for University of Maryland MSW students.
- Provide coverage in the Emergency Department, completing psychosocial assessments and consulting with Psychiatrist regarding admissions for mental health and substance use inpatient treatment.

DEPARTMENT OF VETERANS AFFAIRS

Social Worker

June, 2012 - September 2014

Grade & Series: GS-11 Step 5

- Collaborated with Veterans, family members, and an interdisciplinary treatment team in development of treatment and discharge plans
- Provided Veterans with provisional mental health and substance abuse diagnoses based on presenting information during psychosocial assessments.
- Utilized a number of individual evidence-based treatment approaches including Motivational Interviewing and Cognitive Behavioral Therapy.

PENNSYLVANIA PSYCHIATRIC INSTITUTE

Therapist/Care Coordinator

November 2010 - June 2012

- Lead Therapist on Child/Adolescent unit.
- Served as leader of the Collaborative Problem Solving Committee on Child and Adolescent Unit.
- Collaborated with aftercare providers, family members, patients, and interdisciplinary treatment team members in the development of discharge planning.

NORTHWESTERN HUMAN SERVICES

Outpatient Therapist

May 2010 – May 2012

- Provided individual mental health therapy, drawing from an assortment of treatment theories and practices.
- Provided individuals with provisional mental health and substance abuse diagnoses based on presenting symptoms.
- Assisted clients through times of crisis.
- Developed and manage individual treatment plans.
- Communicated with outside agencies and professionals to ensure continuity of care.

DIAKON FAMILY LIFE SERVICES

Counselor III

July 2010 – December 2010

- Conducted extensive provisional psychosocial assessments to initiate treatment plan.
- Collaborated with clients to update short-term and long-term goals and objectives.
- Assessed court-referred individuals for substance abuse and dependence severity through use of assessment tools including the AUDIT and MAST.
- Made recommendations to appropriate level of care based on presenting information.
- Coordinated with criminal justice system regarding identified client's progress in treatment.
- Communicate with outside agencies and professionals to ensure continuity of care and involvement in follow-up treatment.
- Provided individual substance abuse counseling to adolescents and adults using a number of treatment approaches including Cognitive Behavioral Therapy, Motivational Interviewing, and psycho-education.

DISCOVERY HOUSE

Drug and Alcohol Counselor

July 2005 – July 2010

- Worked as a counselor with individuals receiving methadone maintenance treatment.
- Provided case management services for a caseload of thirty-five clients.
- Utilized a number of individual evidence-based treatment approaches including Motivational Interviewing and Cognitive Behavioral Therapy.
- Completed narrative psycho-social assessments of new clients.
- Facilitated a weekly group therapy session for clients with co-occurring disorders utilizing a Cognitive Behavioral Therapy treatment regimen.

Credentials/Achievements/Honors

Licensed Clinical Social Worker in Pennsylvania (December 2013-current)

-License Number- CW017963

Certified Advanced Alcohol & Drug Counselor (current)

- Certification through the Pennsylvania Certification Board and the International Certification and Reciprocity Consortium

Board Certified Diplomate- American Board of Clinical Social Work Examiners- (June, 2015- June, 2016)

VA Certified Clinician for Motivational Enhancement Therapy and Motivational Interviewing (December 2013-current)

VA Certified Clinician in Cognitive Behavioral Therapy- Depression (September, 2016-current)

-Training period February, 2016 to August, 2016. Training is facilitated by staff at The Beck Institute in Philadelphia, PA.

Subject Matter Expert, International Certification & Reciprocity Consortium Advanced Alcohol and Drug Counselor Cut-Score Study (July 2013)

- Nominated by the Pennsylvania Certification Board to participate in the IC&RC's Cut-Score study as a Subject Matter Expert for the AADC exam.

Secretary of VISN 5 Social Work Professional Standards Board (March, 2016-current)

Invitee to Motivational Interviewing Network of Trainers-Train-the-Trainer event (September, 2016.)

Presentations/Lectures/Consulting

National Veterans Healthcare Administration Motivational Interviewing and Motivational Enhancement Therapy (MI/MET) Consultant (June 2014-current)

- Provide weekly group and individual phone consultation to a group of Licensed Independent Practitioners from throughout the VA healthcare system who are seeking certification in Motivational Interviewing/Motivational Enhancement Therapy.

National Veterans Healthcare Administration Cognitive-Behavioral Therapy for Substance Use Disorders (CBT-SUD) Consultant (June 2016-current)

- Provide weekly group and individual phone consultation to a group of Licensed Independent Practitioners from throughout the VA healthcare system who are seeking certification in Cognitive Behavioral Therapy for Substance Use Disorders (CBT-SUD).

VA National Multiple Sclerosis Center of Excellence- lecture on Foundations of Motivational Interviewing (August, 2015)

-Provided one hour lecture on Foundations of Motivational Interviewing, with emphasis on health behaviors, for multi-disciplinary group of learners.

Shippensburg University MSW Program- guest lecturer on Motivational Interviewing (September, 2015)

-Provided lecture to MSW students on basic principles and application of Motivational Interviewing.

Shippensburg University MSW Program- guest lecturer on Military and Veteran Behavioral Health (March, 2016)

-Provided lecture on behavioral health needs, trends, and services to Military Servicemen, Families, and Veterans

University of Maryland School of Social Work -guest lecturer on Military/Veteran Behavioral Health Trends (January, 2016)

-Provided lecture on the role of Social Work in the Veterans Administration.

University of Maryland School of Social Work -guest lecturer on Motivational Interviewing (April, 2016)

-Provided lecture to MSW students on basic principles and application of Motivational Interviewing.

University of Maryland School of Social Work Office of Continuing Professional Education-
Developer and Presenter of approved workshop titled *Motivational Interviewing- Inviting
and Acknowledging Change Talk*. (October, 2016)

NASW-PA- Annual State Conference- lecturer: Foundations of Motivational Interviewing
(October 6, 2016)