

Theresa Gaser, MSSA, LISW-S, CTS

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Curriculum Vitae

Overview **Trauma Specialist, Supervisory Licensed Social Worker, Educator, Founder, and Author**

Theresa Gaser has fifteen years of experience serving individual adults, couples, children and families in a variety of clinical and school settings and is a certified Trauma Specialist.

Theresa is an educator and professional trainer, specializing in suicide, trauma, sexual trauma, domestic violence and ethics in high risk clinical situations, and clinical supervision. Theresa is also the founder of “Restore Foundation”, which provides education about the impact of trauma on families and provides education to agencies and individuals seeking professional assistance.

Key Performance Highlights

- Certified Trauma Specialist.
- Professional Workshop Presenter.
- Treatment of Sexual Trauma and its effects on daily living.
- Treatment of Post-Traumatic Stress Disorder.
- Develop specialized treatment plans with goals based on individual’s unique diagnosis.
- Treatment of Complex Grief and Trauma.
- Successfully increased patient’s functionality in life’s key areas, which has been measured within educational system by school-maintained metrics for attendance, grades, and discipline for children under Theresa’s direct guidance & influence.

Professional Experience

April 2015

Contract Therapist/Educator

Professional Experience (Continued)

- Professional collaboration for treatment planning for individuals and families in various settings.
- Major community outreach programming to educate and increase awareness of symptoms of trauma.
- Provide clinical counseling for individuals and families with various mental health and comorbid diagnosis as an independent contractor.

September 2015

Developmental Director & Founder

Present

Restore Foundation, LLC – Westerville, Ohio

- Provide seminars and educational trainings to schools, Veterans Administration, Medical Practices, and various community events.
- Professional collaboration for treatment planning for traumatized individuals in various settings.
- Major community outreach programming to educate and increase awareness of symptoms of trauma.

November 2011 -

Therapist & Business Owner

December 2017

Trinity Family Counseling, LLC - Westerville, Ohio

- Owner and Director of outpatient private practice.
- Development and implementation of treatment planning for severely traumatized individuals. Continuing Education for mental health professionals.
- Implements crisis management and trauma protocol.
- Provide educational seminars to Veterans Administration, medical doctors, and community events.
- Manage large patient caseload, office staff and supervise counselors.
- Cultivate, establish, and maintain key account relationships with various industry leaders.
- Collaborate with private industry and government divisions in analyzing and determining needs and continuing educational requirements.
- Create and facilitate unique, interesting, and informative training seminars and presentations.

- Developed specialized treatment plans and implemented crisis management and trauma protocol.

August 2007 -
July 2008

School Social Worker

Educational Service Center of Central Ohio. - Columbus, Ohio

- Worked in a alternative education-school setting serving children and families.
- Provided group work, continuing education, classroom management and Intervention Assistance Team meetings.
- Collaborated with psychologists and psychiatrists in the development and implementation of intervention/individual education plans aimed at promoting a creative and academically strong learning environment.
- Worked with children with various diagnosis including but not limited to ADHD, Bi-Polar Disorder, trauma, schizophrenia, anxiety and depression.

Professional Experience (continued)

October 2006-
June 2007

Clinical Counselor

Arbor Counseling – Columbus, OH

- Counseled individuals with various mental health issues Including, but not limited to, Post Traumatic Stress Disorder, Suicidal Ideation, current and past Suicide Attempts, Sexual Trauma, Depression, Anxiety, and Autism.
- Developed specialized treatment plans and implemented crisis management and trauma protocol.
- Worked with domestic violence victims.

August 2003 -
June 2006

School Social Worker

South Euclid Lyndhurst City Schools - Lyndhurst, OH

- Worked in a public-school setting serving children and school staff of 900+ students.
- Provided group work, continuing education, classroom management and Intervention Assistance Team meetings.
- Collaborated with psychologists and psychiatrists in the development and

- Performed dental and administrative functions.
- Cross-trained to status of Medical Administration Specialist.
- Awarded Airman of the Quarter and the John L. Levitow award for leadership.
- Served in Operation Desert Storm.

Education

003 Case Western Reserve
Master of Science: Social Administration
Cleveland, OH

001 Notre Dame College of Ohio
Teaching Certification
South Euclid, OH

998 Cleveland State University
Bachelor of Arts: Psychology
South Euclid, OH

Licensure

009- current Licensed Independent Social Worker with Supervisory
Endorsement(OH#I.0900343)

010- current Certified Trauma Specialist: The National Institute for Trauma and Loss in
Children.

Author

Published Title: *Ice Cream Cone Feelings*

Published Title: *There's A Squirrel in my Tummy*

Speaking Engagements

Suicide Prevention, Treatment and Management

Domestic Violence

Trauma in Adults, Adolescents and Children: The Impact on the Brain

