**Theresa Gaser, MSSA, LISW-S, LCSW**

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Curriculum Vitae

## Overview Clinical Supervision, Clinical Director, Trauma Specialist, Licensed Independent, Educator, and Author

Theresa Gaser has many years of experience in the mental health field. Theresa owned a large private practice and served as clinical director managing staff of 50+ clinicians. Theresa delivered specialized, highly professional care while working with individual adults, couples, and families in a variety of settings. Theresa was innovative in joining with primary care offices delivering integrated behavioral healthcare. Theresa is an expert with suicide prevention and identifying high risk patients, complex trauma, domestic/family violence, and chronic mental health diagnoses which include depression, anxiety, PTSD and addiction. Theresa is an educator and professional trainer, specializing in suicide, trauma, sexual trauma, ethics in high risk clinical situations, and clinical supervision. Theresa is also the founder of “Restore Foundation” which is dedicated to education regarding the impact of trauma on families, and provides education and resources to agencies and individuals seeking professional assistance

# Key Performance Highlights

* Clinical director/supervisor for clinical staff and multiple interns o Improved metrics on family SAIL measures in GCVHCS system o Managed operating systems of large private practice o Maintained staff longevity by developing strong professional relationships with staff o Innovative thinker who works with team to accomplish agency goals o Statistically increased patient’s functionality in life’s key areas using evidence based treatment and using data collection through educational and work system recorded metrics: attendance, grades, and discipline for patients under Theresa’s direct guidance & influence

# Professional Experience

January 2019 - Present ***Clinical Social Worker***

GCVHCS: Station 20 Biloxi, MS

* + Professional counseling and treatment planning for couples, families and individuals.
  + Developed Family Expo, working with multiple disciplines throughout Veterans Administration and Community.
  + Sail Measure Champion: Strategic planning to ensure measures are successful.
  + Work with psychiatrists, medical doctors and key members of patient’s team for optimal care.
  + Program Development Supervision: Clinical supervision to multiple interns.
  + Worked directly with BHAT staff and covered shifts as needed.
  + Employee wellness work group.
  + PR Committee.
  + IBCT Certified Couples Counselor.

December 2016 - 2019 ***Director of Continuing Education and Clinician Relations*** Independent Contractor: Center for Cognitive and Behavioral Therapy: Columbus Ohio

* Coordinate professional continuing education program for mental health professionals.
* Collaborate with state agencies to gain approval for continuing education approval.
* Develop on-line continuing education program
* Manage clinical staff of 50 clinicians across disciplines. Monitored work performance and resources allocation for continuing education.
* Strategic planning for high quality services to meet the needs of clients in integrative care setting and private practice; reducing need for emergency services.

# Professional Experience (continued)

September 2015- present ***Developmental Director & Founder*** Restore Foundation, LLC **–** Ocean Springs, Ms

* Provide seminars and educational trainings to schools, Veterans Administration, Medical Practices, and various community events.
* Professional collaboration for treatment planning for traumatized individuals in various settings. − Major community outreach programming to educate and increase awareness of symptoms of trauma.
* Grant writing to obtain funding for outreach programs.

November 2011 - December 2016 ***Clinical Social Worker & Business Owner,*** Trinity Family Counseling, LLC - Westerville, Ohio

* Owner and Director of outpatient private practice.
* Program Development and data collection for clinical services.
* Oversee over 50 multi-specialty behavioral health clinicians over various sites.
* Continuing Education for mental health professionals.
* Develop and implements crisis management and trauma protocol.
* Provide educational seminars to Veterans Administration, medical doctors, and community events.
* Cultivate, establish, and maintain key account relationships with various industry leaders.
* Collaborate with private industry and government divisions in analyzing and determining continued growth.
* Developed integrative behavioral health program which included 8 primary care site

## Professional Experience (continued)

February 2009 - November 2011 ***Clinical Social Worker*** Amigo Family Counseling, LLC - Columbus, Ohio

* + Counseled individuals with various mental health issues Including, but not limited to, Post Traumatic Stress Disorder, Suicidal Ideation, current and past Suicide Attempts, Sexual Trauma, Depression, Anxiety, and Autism.
  + Developed specialized treatment plans and implemented crisis management and trauma protocol.
  + Strategic planning for continued growth of practice.

August 2007 - July 2008 ***School Social Worker*** Educational Service Center of Central Ohio. - Columbus, Ohio

* + Worked in a public-school setting serving children and school staff of 900+ students.
  + Provided group work, continuing education, classroom management and Intervention Assistance Team meetings.
  + Collaborated with psychologists and psychiatrists in the development and implementation of intervention/individual education plans aimed at promoting a creative and academically strong learning environment. − Worked with children with various diagnoses including but not limited to

ADHD, Bi-Polar Disorder, trauma, schizophrenia, and anxiety.

August 2003 - June 2006 ***School Social Worker*** South Euclid Lyndhurst City Schools - Lyndhurst, Ohio

* + Worked in a public-school setting serving children and school staff of 900+ students.
  + Provided group work, continuing education, classroom management and Intervention Assistance Team meetings.
  + Collaborated with psychologists and psychiatrists in the development and implementation of intervention/individual education plans aimed at

promoting a creative and academically strong learning environment.

## Professional Experience (continued)

December 1985 - April 1991 **Medical Administrative Specialist/Dental Assistant** United State Air Force- Stateside and international locations

* + Performed dental and administrative functions.
  + Cross-trained to status of Medical Administration Specialist.
  + Awarded Airman of the Quarter and the John L. Levitow award for leadership.
  + Served in Operation Desert Storm.

# Education

2003 Case Western Reserve Master of Science Social Service Administration Cleveland, OH

2001 Notre Dame College of Ohio Teaching Certification

South Euclid, OH

1998 Cleveland State University

Bachelor of Arts: Psychology

Euclid, OH

## Licensure

Ohio: 2009- current Licensed Independent Social Worker with Supervisory Endorsement (OH#I.0900343) 2010- current

Mississippi: 2019-current Licensed Clinical Social Worker (C9468) 2019-Current

## Author

Published Title: ***Ice Cream Cone Feelings*** Published Title: ***There’s A Squirrel in my Tummy***

**Speaking Engagements**

“Suicide Prevention, Treatment and Management”

“Domestic Violence: The Impact on Children”

“Trauma in Adults, Adolescents and Children: The Impact on the

Brain”

“Professional Ethics in High Risk Clinical Circumstances”

“Clinical Supervision in High Risk Clinical Circumstances” “Surveying Treatment Modalities for Use With Multiple Disorders”

“Identifying and Treating Child Abuse and Neglect”

“Treating ADHD in Children, Adolescents and Adults”

“Mindfulness as a Treatment Modality”

“Trauma Informed Therapy”

## References available upon request