

**Stacy Simera, MSSA, LISW-S**  
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**Licensure & Certifications**

Independent Social Worker, Supervision Designation, Ohio - LISW-S  
Basic Mediation Certification  
Substance Abuse Professional Certification, Federal Department of Transportation (2005-2017)

**Education**

Master of Science in Social Administration, 1996 - Case Western Reserve University  
BA - Psychology major, Sociology minor, 1991 - Kent State University

**Honors**

Ohio Social Worker of the Year – Ohio NASW, 2014  
Regional Outstanding Service Award – Ohio NASW, 2019

**Community Advocacy Volunteer Positions**

Ohio Adolescent Health Partnership  
• Adolescent Sleep Committee Chair 07/13 – present  
• Social Media Committee Chair 07/14 - present  
Start School Later, Inc  
• Ohio Health Policy Director & NE Ohio Chapter Leader 09/12 – present  
• National Communications Director 01/14 – 08/20  
Ohio NASW Board of Directors  
• Region 2 Director 06/16 – 07/19  
Case Western Reserve University, Mandel School, Alumni Committee  
• Executive Board 10/14 – 10/17

**Employment**

Simera Consulting – Owner and Director  
• Consulting and Training Services 01/14 - present  
Kent Psychological Associates  
• Psychotherapist 01/09 - present  
Ohio Child Welfare Training Program  
• Contracted Trainer 08/08 - present  
The Oak Clinic for Multiple Sclerosis  
• Independently Contracted Group Facilitator 09/06 - present  
Heisel & Associates  
• Continuing Education Workshops and Home Studies 01/17 - present  
Case Western Reserve University  
• Adjunct Professor for the Mandel School of Applied Social Sciences 06/17 – 06/19  
Stark State College  
• Adjunct Instructor in the Human Services Department 08/07 – 07/15  
Summit Psychological Associates  
• Psychotherapist, CARF Liaison 09/04 – 12/08  
Portage Path Behavioral Health  
• Emergency Services Pre-Screener 05/04 – 09/07  
Akron General Medical Center  
• Clinical Social Worker 03/97 – 04/04  
Townhall II  
• Crisis Intervention Specialist, Trainer, Family Crisis Mediator 03/89 – 04/97  
Oriana House  
• Resident Supervisor 02/92 – 05/94  
• DUI Specialist 05/94 – 05/96

## **Overview of Experience**

**Management and Supervision** – Past experience in supervision and management and prior coordinator of a continuing education program for a private counseling agency with duties including: recruitment of trainers, maintenance of accreditation, and supervision of program staff. Experience on quality assurance and performance improvement committees and successfully organized CARF-accreditation preparation for a three-site agency. Coordinated a driver intervention program with duties including: program development, staff supervision, quality assurance, and maintaining statistics. Supervised volunteers at a crisis intervention program.

**Higher Education** – Experience teaching graduate and undergraduate in-person and web-based CSWE-approved social work courses on topics including human development, substance abuse, poverty, and social work methods. Prior provision of field supervision and practicum liaison services to undergraduate and graduate level students.

**Professional Continuing Education** – Independently contracts to provide continuing education workshops and text-based home study materials to professionals across the state of Ohio for a variety of agencies and institutions on topics including ethics, supervision, substance abuse, and mental health disorders. Presented at national and state psychiatry, social work, public health, and juvenile justice conferences.

**Professional Advocacy** – Active in advocating for the profession of social work and has written for several social work blogs. Prior service on the NASW Ohio Board of Directors, representing Region 2. Served on a social work advocacy group ad hoc committee, and served on a state licensing board supervision ad hoc committee. Named 2014 Ohio Social Worker of the Year by NASW and received the 2019 regional Outstanding Service Award.

**Community Education** – Currently facilitates psycho-educational services at a multiple sclerosis clinic including an ongoing depression group as well as periodic specialized forums. Past primary educator for a driver intervention program on drug-use related topics. Taught a pilot program on positive psychology for the National MS Society. Facilitates employee wellness programs on topics such as sleep, stress, and positive psychology.

**Community Advocacy** – Active in advocating for healthy school day start times and teen sleep. Currently volunteers for the national non-profit Start School Later and serves as chair of the sleep committee for the Ohio Adolescent Health Partnership. Served as the national communications director for Start School Later and frequently speaks to media and policy-makers on the topic of adolescent sleep.

**Social Media** – Maintains social media activities for several advocacy organizations and has organized Twitter chats. Created and maintains the website for the Ohio Adolescent Health Partnership.

**Outpatient Psychotherapy** – Currently provides diagnostic assessments and outpatient psychotherapy to children, adolescents and adults for a variety of mental health disorders – utilizing primarily Cognitive Behavioral Therapy, Reality Therapy, and Solution Focused Brief Therapy. Trained and certified in basic mediation. Trained and skilled in utilization of tele-therapy.

**Chemical Dependency** – Experience providing assessment, recommendations, and individual and group chemical dependency counseling for adults and adolescents in various outpatient settings. Qualified in the utilization of assessment tools including the SASSI. Previously certified as a Substance Abuse Professional (SAP) for US Department of Transportation substance abuse evaluations and treatment monitoring.

**Emergency Mental Health and Crisis Intervention** - Prior experience providing mental health assessments and acute treatment in a hospital emergency department and a psychiatric emergency services center, with duties including: diagnosis, acute intervention, disposition, and private insurance pre-certification. Past paid and volunteer experience in hotline and walk-in crisis intervention at a nationally recognized crisis hotline.

**Medical Social Work** – Past experience providing social work services on cardiac and obstetrics units with duties including: assessments, collaboration with the multi-disciplinary team, counseling, and community referrals.

**Community Corrections** – Past experience supervising inmates in residential community correctional facilities. Assisted in the initial development of policies and procedures for an adolescent halfway house.