



Dejay Botkin, New Jersey LPC
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WORK HISTORY AND EXPERIENCE:

August 2022

To Present **Validation Center Nonprofit – Scottsdale Arizona**

Founder/Owner

Founded the Validation Center a holistic wellness program offering mind, body, spirit and spirit workshops.

April 2017

To January 2023 **Extinguishing Fear Counseling and Coaching - Scottsdale, Arizona**

Founder/Owner/Psychotherapist

- Certified tele-mental health clinician. Founder of a trauma informed private practice offering psychotherapy, coaching, and mediation to dually diagnosed individuals and couples struggling with attachment related challenges. Facilitated Zoom Dialectical Behavioral Therapy (DBT) trainings upon request. Content writing for the website blog and Kindle Short Story Publishing.

January 2019

To June 2020 **Aurora Behavioral Health – Tempe, Arizona**

Intensive Outpatient Therapist/Creator of the DBT Outpatient Program

- Wrote curriculum and facilitated the adult Dialectical Behavioral Therapy (DBT) Intensive Outpatient Program. Wrote intake assessments and recommended treatment planning. Wrote and facilitated lessons plans for the adolescent intensive outpatient program.

June 2018

To January 2019 **Promises Residential Treatment – Scottsdale, Arizona**

Primary Therapist

- Performed biopsychosocial assessments, one-to-one sessions, wrote lesson plans for group, created treatment plans for individuals with co-occurring disorders, and discharge planning for continuation of care. Wrote the curriculum for the trauma informed therapy and codependency groups. Assisted DBT intern with writing lesson plans.

June 2011 **DJB Counseling LLC – Sparta, New Jersey**

To April 2017 *Owner, Operator of Private Practice*

- Providing individual and family psychotherapy, crisis, and mediation services. Also, providing risk assessments and mental health/substance abuse evaluations with patients in Morris/Sussex County. Created PowerPoint presentations for public speaking engagements. Also responsible for parent coaching and marriage intensive workshops. Founded Sparta Teen Talk and created the curriculum for the teen coaching program. Published, Thinking Clearly, CreateSpace.com, 2015.

September 2000 **Centenary College – Hackettstown, New Jersey**

To May 2015 *Substitute Adjunct Professor*

- Wrote the syllabi and PowerPoint lessons for classes taught in the undergraduate psychology and sociology departments. Courses taught have included: Introduction to Psychology, Abnormal Psychology, Women in Psychology, Forensic Psychology, Social Work Case Management Skills, Theories of Learning, and responsible for developing the curriculum for a new gender studies course.

February 2011 **Atlantic Health System - Newton Medical Center, New Jersey**

To March 2016 *Crisis Intervention Clinician and Mental Health Screener*

- Provided risk assessments, psychiatric screenings, commitments, and discharge planning in the emergency room and through mobile outreach. After a thorough interview with a patient in crisis, authored a comprehensive biopsychosocial history and made disposition recommendations. Staffing the crisis hotline. Created PowerPoint presentation for public speaking engagements.

November 2005 **Summit School District, Summit, New Jersey**

To June 2007 *Middle School Guidance Counselor*

- Provided a comprehensive counseling program addressing all students' academic, and social-emotional needs. Recommending assessments for students with learning or behavioral challenges. Writing the curriculum for group counseling and classroom education.

December 2001 **Parsippany-Troy Hills Police Department - Parsippany, New Jersey**

To October 2004 *Youth and Family Crisis Counselor*

- Provided crisis counseling to school-age children and teens as a liaison through the Police Department. Wrote a grant to secure funding for a summer program for at-risk youth. Assisted with writing the school resource officer grant.

February 2001 **Department of Human Services – Morristown, New Jersey**

To December 2001, *Youth Services Administrator*

- Coordinated the Morris County Youth Services Advisory Council overseeing grant programs for youth and assisting with placement of at-risk youth outside of their home due to behavioral challenges. Wrote and facilitated youth-related training programs. Created and edited the Human Services Newsletter for Morris County.

May 1998 **Mental Health Association of Morris County – Madison, New Jersey**

To January 2000 *Director of Community Education*

- Wrote the mental health education curriculum for the county. Facilitated the Concerned Families for the Mentally Ill Support Group. Wrote and distributed the MHAMC monthly newsletter. Wrote and directed the Mental Health Players performances. Co-wrote and directed the fundraiser video. Lobbied in Washington D.C. for the parity law. Coordinated fundraisers. Volunteered with the homeless outreach program.

LICENSE: **Licensed in New Jersey (#37PC00326200)**

EDUCATION:

- **Saint Elizabeth University, Morristown, NJ - May 2000**
Master of Arts in Counseling Psychology
School Counseling Certification (Masters + 30 level)
State of New Jersey, Licensed Professional Counselor (LPC)
- **Texas Woman's University, Denton, TX - December 1991**
Bachelor of Science in Criminal Justice, Minor in Psychology (Cum Laude)
- **Marygrove College – On-line Program in Education - 2007**
Continuing Education (9 credits) in Education and School Counseling
- **Rutgers University Technical Assistance Center for Screener Training – February 2011**
Certification in Psychiatric Screening
- **Rutgers University Technical Assistance Center for Screener Training – June 2015**
Certification in Psychological First Aid
- **New Jersey Association of Professional Mediators – April 2014**